## PACIFIC COAST UROLOGY MEDICAL CENTER 2019 MILESTONES

Dr. Pugach celebrated 31 years in private practice and continues to be the leader in minimally invasive urology!

January – Evans Tran, PA went on her 4<sup>th</sup> medical mission trip to the Philippines, treating literally thousands of patients, doing surgical procedures and teaching medical students.

February – Dr. Pugach traveled to Washington DC to advocate for HIFU coverage for Medicare patients.

March – Dr. Pugach attended the Urolift Experts Meeting in Dallas, Texas.

April - Dr. Pugach was the featured speaker at the Redondo Beach Cancer Support Group.

May – Dr. Pugach was designated as the only urologist to perform MRI guided targeted fusion prostate biopsies for a major Southern California medical group.

June – Dr. Pugach was honored by the Prostate Forum of Orange County for his work promoting prostate cancer education. The Board of Directors unanimously voted that Dr. Pugach be their outside Board Advisor. He was honored with a certificate to acknowledge his leadership, resources, design, construction and implementation of the Forum's new website.

July – Dr. Pugach lectured about HIFU in Las Vegas.

July- Dr. Pugach spoke at the Los Alamitos Medical Center staff meeting on "Meds should no longer be used for BPH due to side effects"

September was a big month!!

- Alexa joined our team as surgery scheduler and back office medical assistant.
- Dr. Pugach proctored a new HIFU doctor in Las Vegas.
- Dr. Pugach spoke to the Premier Advantage Group in Seal Beach. Topic: "Bladder Control Say Goodbye to Diapers and Pads!"
- In honor of PROSTATE CANCER AWARENESS MONTH, Dr. Pugach was interviewed by Paul Roberts, Founder & Station Manager of OC Talk Radio. This 30-minute podcast covered various topics on prostate cancer, including the importance of screening and early detection, traditional treatments and HIFU.
   We treated our 19,000<sup>th</sup> patient!

October - Dr. Pugach and Evans were appointed to teaching faculty for NEOTRACT (Urolift).

October – Dr. Pugach was honored by the Los Alamitos City Council

As one of only a few approved proctors in the United States, Dr. Pugach continued to teach urologists how to do HIFU. Throughout the year Evans Tran had another record number of current and future PA students "shadow" her to learn about what it's like to be a PA.

Continuing our tradition of treating patients beyond our local area, this year Dr. Pugach treated patients from across the U.S. (from Maui to Philadelphia) and from as far away as England and Ireland!