

**Is it time for you
to have your
family planning
conversation?**



2nd Annual World Vasectomy Day Celebrated on November 7th

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While many people know of important health awareness months, such as Breast Cancer and Prostate Cancer, most have probably never heard of World Vasectomy Day. It is the largest male-focused family planning event in the world. On November 7th local urologist Robert Pugach, MD participated in this global event with hundreds of other practitioners in dozens of countries.

Far too often, conversations on a permanent form of family planning focus on making that a woman's responsibility. The truth is that procedures for men, like a vasectomy, are significantly safer and easier to perform than surgery for women like a tubal ligation.

It was precisely for this reason that Jonathan Stack began World Vasectomy Day in 2013. After struggling to understand his own resistance to having a vasectomy, Jonathan started World Vasectomy Day to heighten awareness of and dispel myths about vasectomies. His goal was to increase access to the procedure and to inspire more men to become engaged in the global family planning conversation.

As Dr. Pugach said after seeing the results of this year's World Vasectomy Day, "the concept of men taking responsibility and having a vasectomy for family planning has gone viral! I received hundreds of emails from physicians throughout the world detailing their efforts in various countries. The responses were amazing."

As one of the busiest vasectomists in Southern California, Dr. Pugach recently formed Vasectomy Docs with Dr. Ted Benderev. "We both decided to participate in World Vasectomy Day, and make a significant financial contribution, to help educate men and women on the option of selecting a vasectomy - usually the best family planning procedure when compared to female sterilization," says Dr. Pugach.

In fact, Vasectomy Docs was formed for many of the same reasons as World Vasectomy Day - to increase awareness of the benefits of the simple No-Needle No-Scalpel Vasectomy, an in-office 15 minute procedure that is virtually pain free for men. "There are many reasons why men elect to have a vasectomy; one of the most compelling is that a vasectomy is safer than a tubal ligation for their wife or partner," according to Dr. Pugach.

Is it time for you to have your family planning conversation? Learn more, visit www.vasectomydocs.com

About Vasectomy Docs

Vasectomy Docs' goal is to provide men with the most skillfully performed vasectomy in a safe and pleasant setting. The doctors wanted all men to have the same quality they had when they selected each other to perform their vasectomies. www.vasectomydocs.com

About World Vasectomy Day

World Vasectomy Day is about offering high quality professional vasectomies to as many men as possible, while sharing information about this extremely effective family planning option.



**To schedule a consultation with Dr. Robert Pugach,
call 888-735-4336. Visit: www.advancedvasectomy.com**