



What's keeping you from getting a vasectomy?

by **ROBERT PUGACH, MD**

Every year, more than 500,000 men have vasectomies in the U.S. For men, it's reassuring to know that there is no chance of an unwanted pregnancy. For couples, it's comforting to realize that a vasectomy is far safer, less painful and less expensive than a tubal ligation.

So, why do some men resist getting a vasectomy? The most common reasons are concern about a doctor doing a procedure around their "private parts" and fear of pain during or after the procedure.

At the Advanced Vasectomy Center of **Pacific Coast Urology** we specialize in the No Needle/No Scalpel Vasectomy. It's a procedure that uses no needles and no scalpels, takes 15 minutes to perform and let's men resume most activities within 48 hours!

Last year, I co-founded Vasectomy Docs with Dr. Ted Benderev. When it came time for our vasectomies, Dr. Benderev and I found ourselves in the same decision making mode that most of our patients face - which physician should we choose to perform our procedure? After doing our independent research, we selected each other's practices. That put us in the unique position of knowing exactly what our patients' concerns were and what they experienced. Our individual results were excellent!

Now, Vasectomy Docs is the leading practice in Southern California for the remarkable No Needle/No Scalpel Vasectomy. At Vasectomy Docs, we believe that a vasectomy should only be performed by well-trained, experienced urological specialists. While other doctors, like family practitioners, general surgeons and gynecologists, perform vasectomies, only urologists have the many years of urological training that includes the anatomy of this very delicate area! We are committed to using minimally invasive techniques to maximize the opportunity for an excellent outcome while minimizing discomfort. It's what you expect and deserve.

Together we have performed more than 5000 vasectomies! Not convinced yet? We invite you to view our patient videos at <http://www.advancedvasectomy.com/patient-comments/video-testimonials/> or <http://www.vasectomydocs.com/education-media/video-patient-testimonials/> and learn from the experiences of our many patients.



The No-Needle No-Scalpel Vasectomy is your logical choice!
Call Kim at 888.735.4336 to schedule your consultation.
Visit www.AdvancedVasectomy.com
or www.VasectomyDocs.com to learn more.